

To support  
the future of people  
and their communities



## YOKOHAMA MIRAI NURSING SCHOOL

operated by Eito Gakuen  
(incorporated educational institution)

School Guidebook





## Educational Philosophy

Under the spirit of "One for All, All for One," which means that a team supports its members and its members support the team toward common goal, Yokohama Mirai Nursing School operated by Eito Gakuen, an incorporated educational institution based in Yokohama, Kanagawa Prefecture, aims to foster outstanding human resources, who could make significant contributions to local communities in the field of health, medical and welfare services, with the ability to deal with the ever-changing society by opening their way to the future. This school also aims to nurture personnel who could grow into each other through interpersonal relations and work together as a team with respect for life, a sense of ethics, and a warm and kind heart.

Besides, we aim to train our students to be nurses with genuine professionalism who can support the lives of everyone based on the viewpoints of individuals, their families, and communities with expert knowledge and skills to deal with any health conditions.

Considering advances in medicine and societal changes, this school also aims to make students retain the ability to see things in perspective and keep improving themselves.

## Educational Purposes

We help our students become more sensible and humane, constantly learn new things, and acquire judgment and clinical abilities based on ethics and scientific grounds to contribute to local communities in the health, medical, and welfare fields.

## Educational Goals

Sharpen sensitivity to understand a diversity of people and develop the ability to form a human relationship while achieving self-growth by interacting with others.

Develop the essential ability to provide nursing care with warm compassion and a sense of ethics based on respect for life.

Cultivate the essential ability to make clinical judgments based on scientific evidence to deal with patients' health conditions and their changes.

Develop the essential ability to provide nursing for patients to sustain their lifestyles from their points of view.

Cultivate the essential ability to understand the roles of nurses and other allied medical professionals in health, medical, and welfare systems and coordinate and work proactively with others as team members.

Develop the essential ability to keep curious minds about nursing as medical professionals and continue to study the most advanced knowledge and skills by themselves.

## Admission Policy

1. Enrollees must have compassion for and be able to work together with others.
2. Enrollees must be able to listen to the opinions of others and to express their ideas and feelings.
3. Enrollees must observe manners and rules and be able to behave responsibly.
4. Enrollees must be able to make efforts and study proactively toward their goals.
5. Enrollees must have clear intentions to be nurses.

## Diploma Policy

1. Students must be able to understand a human being as a physically, mentally, and societally integrated existence.
2. Students must be able to achieve self-growth and form better interpersonal relations by interacting with various people.
3. Students must be able to provide warm and attentive nursing based on respect for life and a strong sense of ethics.
4. Students must be able to provide evidence-based nursing in response to patients' health conditions and their changes.
5. Students must be able to provide the best nursing possible from the viewpoint of ordinary people.
6. Students must be able to act as team members by understanding the role of a nurse in health, medical, and welfare systems and the significance of partnership and cooperation with other medical professionals.
7. Students must acquire the ability to keep learning proactively with inquiring minds as professional nurses.



## Messages from Chairperson and Principal of Yokohama Mirai



Hideo Yokokawa  
Chairperson,  
Yokohama Mirai Nursing School



Motohiko Fukushima  
Principal,  
Yokohama Mirai Nursing School

As upheld in our educational philosophy, Yokohama Mirai Nursing School is founded based on the spirit of "One for All, All for One," which means that a team supports its members, and its members support their team toward common goal. I founded the school to nurture human resources that could carry out their duties effectively with warm hearts, sympathies, accurate knowledge, excellent skills, and spirits of self-sufficiency and resilience as professional nurses working as team members in health, medical, and welfare fields. To achieve those aims, I have created an educational environment where students can form personal relations with others, grow into each other, develop communication skills, and enrich a sense of humanity through high-energy campus life.

Why don't you join Yokohama Mirai Nursing School and begin your journey to be a nurse together with us?

In healthcare settings of today's aged society, broad support by many hands is necessary for vulnerable people and to improve their quality of life. In other words, offering quality and warm team-based medicine by medical professionals with various specialties is essential. At the center of this team-based medicine is nobody but nurses who take care of patients with sincerity and tenderness. Yokohama Mirai Nursing School teaches its students everything about human-friendly and advanced medicine provided in clinical settings in close cooperation with excellent training hospitals rooted in local communities so that they can be kind and considerate nurses with in-depth knowledge and high ethical standards. I would like you to enter our school and forge the future.



Yokohama Mirai's

# Three

Strong Points

## 01

Educational program

to learn teamwork

Today's clinical settings emphasize "team-based medicine," in which nurses and various medical professionals, including doctors, work together to deal with patients. At our school, under the spirit of "One for All, All for One," students would be able to learn the importance of teamwork from the first day of school. The students are divided into two classes per year. Homeroom teachers are assigned to each class to create a cozy classroom environment where they could communicate with students and kindly help them tackle various classroom challenges. Besides, students could develop leadership skills and ideas of camaraderie required at clinical scenes by understanding the spirit of cooperation through project-based learning, school events, and other activities.





## Ample facilities and equipment

# 02

The school has many cutting-edge simulators to help students acquire the skills needed to be nurses. To teach knowledge about medical safety that is essential at clinical training, the school also has a nurse station, a nurse call system, and medical waste, all made in imitation of real ones at actual hospitals. In addition, we have ample facilities and equipment necessary to foster nurses ready to work at clinical scenes, including a special classroom where students can learn how to use personal computers to prepare for medical workplaces with the increasing use of information technology. Such facilities are available for students even after class hours if they want to practice their skills more.



# 03

## Generous student loan programs

Yokohama Mirai is a member of the Toda Medicalcare Group (TMG) that runs 119 medical institutions and related facilities in Saitama, Tokyo, Kanagawa, Chiba, and Shizuoka prefectures. TMG is offering a generous student loan program for potential students at its nursing schools because it does not want them to give up their dreams of becoming nurses for financial reasons. After the students pass the National Nursing Examination, the group defers loan payments while the borrowers work for TMG-related institutions. Besides, if they worked for TMG institutions for over three years, the group would exempt them from paying for the loan. Also, the group has the "Heart Student Loan Program" to support living expenses and a special scholarship program to exempt payment of enrollment and tuition fees for students with outstanding academic results.



Master basic skills, expertise, and ability  
to get things done in a step-by-step  
manner to press onward to the future

● Points of our curriculum

### First year Master basic skills to be a nurse



Consider people as beings in action and understand them, including oneself, from physical, psychological, and societal perspectives, and view their life and health based on these understandings. In “Fundamental Science of Nursing,” students master basic nursing skills.

### Second year Study nursing skills suitable for whom and where to nurse

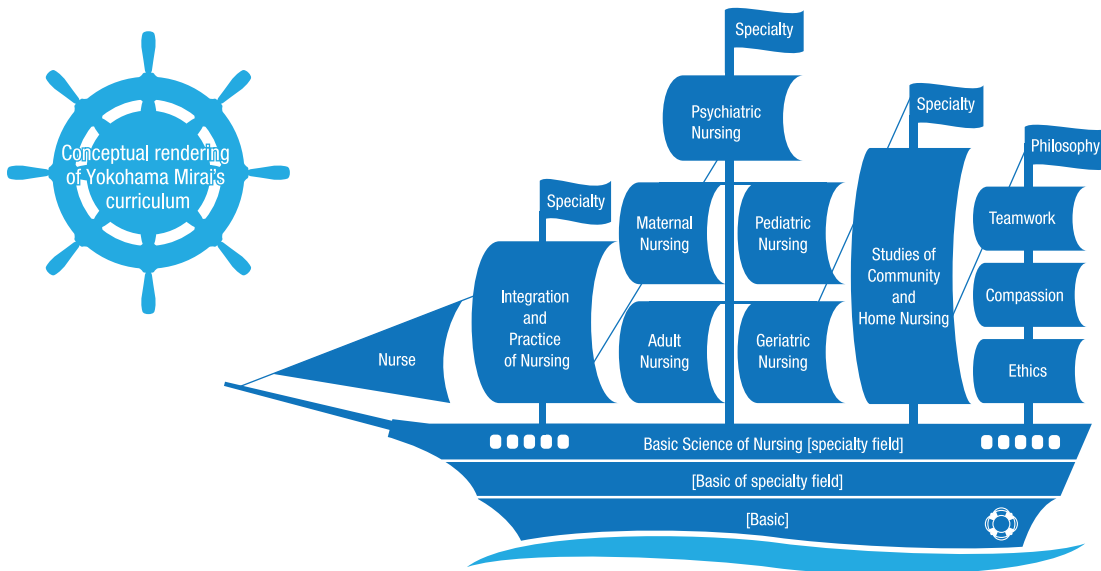


Study nursing in particular fields. Incorporate simulation education to increase the clinical judgment capacity of students. Also, develop the ability to apply their nursing skills depending on community lifestyles.

### Third year Develop practical nursing ability by integrating learned knowledge and skills



Study nursing skills on the assumption of conditions closer to real clinical scenes in drills to handle medical safety, multiple patients, and multiple tasks. Learn how to triage in “Disaster Nursing.” Grow practical nursing ability by receiving hands-on training in particular fields.



In this rendering, students' future is compared to a great ocean, and the curriculum structure is compared to a large sailing ship. It shows that our students are taking solid steps in the open sea toward their future as they continue learning.

First, they study basic subjects, basic subjects in specialty fields, and subjects in specialty fields to build a strong hull for the ship. In the fields of specialty, "Basic science of Nursing" is placed on the top of the ship's body, and specific fields of nursing are compared to sails on masts to

show that students can study them comprehensively to be professional nurses. The ship, however, cannot travel forward unless the wind fills sails representing specific nursing fields. We believe "teamwork," "compassion," and "ethics" under "philosophy" are essential to make it happen. In the rendering, they are compared to sails on the mast at the ship's rear. Namely, the sails under "philosophy" are sustaining all the other sails.

## List of subjects

	First Year	Second Year	Third Year	
Basic subjects	Biology Psychology Sociology Philosophy Education Human Relations Clinical English Home Life Science Information Science Nursing Physics I, II Expression of Japanese Language Art and Culture Health and Physical Education			
Basic subjects on specialty fields	Biology and Functions of the Human Body I, II, III Biochemistry Pathology Microbiology and Infection Diseases and Treatments I, II Pharmacology Clinical Nutrition Science Modern Medicine and Ethics Public Health I Understanding of Diseases for Nursing I	<ul style="list-style-type: none"> <li>• Diseases and Treatments III, IV</li> <li>• Clinical Therapeutic Theory</li> <li>• Public Health II</li> <li>• Rehabilitation Theory</li> <li>• Social Welfare I, II</li> <li>• Understanding of Diseases for Nursing II</li> </ul>		
Subjects on specialty fields	Introduction to Nursing Essential Techniques for Nursing Techniques to Organize Life I, II Clinical Nursing Skills Clinical Nursing Methodology Introduction to Community and Home Nursing I Introduction to Adult Nursing Introduction to Pediatric Nursing Introduction to Geriatric Nursing Introduction to Maternal Nursing Introduction to Psychiatric Nursing Basic Nursing Practice I, II	<ul style="list-style-type: none"> <li>• Clinical Nursing Skills II, III</li> <li>• Clinical Nursing Methodology II</li> <li>• Introduction to Community and Home Nursing II</li> <li>• Community and Home Nursing Methodology I, II</li> <li>• Adult Nursing Methodology I, II, II, IV</li> <li>• Geriatric Nursing Methodology I, II</li> <li>• Maternal Nursing Methodology I, II</li> <li>• Pediatric Nursing Methodology I, II, III</li> </ul>	<ul style="list-style-type: none"> <li>• Psychiatric Nursing Methodology I, II</li> <li>• Community and Home Nursing Practice I, II</li> <li>• Adult and Geriatric Nursing Practice I, II</li> <li>• Pediatric Nursing Practice</li> </ul>	<ul style="list-style-type: none"> <li>• Community and Home Nursing Methodology III, IV</li> <li>• Adult Nursing Methodology V</li> <li>• Geriatric Nursing Methodology III</li> <li>• Maternal Nursing Methodology III</li> <li>• Psychiatric Nursing Methodology III</li> <li>• Medical Safety</li> <li>• Disaster Nursing</li> <li>• Integration and Practice of Nursing I, II, III</li> <li>• Laws Related to Nursing</li> <li>• Community and Home Nursing Practice II</li> <li>• Adult and Geriatric Nursing Practice III, IV</li> <li>• Maternal Nursing Practice</li> <li>• Psychiatric Nursing Practice</li> <li>• Integrated Nursing Practice</li> </ul>

## Student's Voice

"I could acquire skills and the ability to think for myself."



Some classes have the time to bounce ideas among classmates. I could develop attitudes to work together with others and the ability to express my own opinions.

Mr. T  
(Graduated from Fujisawa-Sogo Senior High School)

## Class schedule example

	Mon.	Tue.	Wed.	Thu.	Fri.
First class period 9:00–10:30	Clinical English	Biology	Essential Techniques for Nursing	Human Body and Functions I	Health and Physical Education
Second class period 10:45–12:15	Biology and Functions of the Human Body II		Human Relations		Techniques to Organize Life II
Lunch break					
Third class period 13:15–14:45	Philosophy	Expression of Japanese Language	Sociology	Introduction to Nursing	
Fourth class period 15:00–16:30	Techniques to Organize Life I	Home Life Science	Information Science	Psychology	



## Master Medical Knowledge and Nursing Skills in Demand Today.

### ● Points of clinical practice



#### Practice of Basic Nursing

Understand the medical care environment and observe patients' lifestyles to help them go about their everyday lives.



#### Practice in Fields of Specialities

(Community and Home Nursing Practice, Adult and Geriatric Nursing Practice, Pediatric Nursing Practice, Maternal Nursing Practice, Psychiatric Nursing Practice)

Learn seamless nursing by helping patients living in various conditions.



#### Integrated Practice

Take care of multiple patients to develop the ability to assess situations. Also, practice nursing management and night shifts.



#### Education Program in Cooperation with Clinical Scenes

Learn expert knowledge from doctors, nurses, pharmacists, physical therapists, and other medical professionals working regularly for TMG. Our training hospitals are ready to accept student nurses.



● Training hospitals



Totsuka Kyoritsu Daiichi Hospital



Totsuka Kyoritsu Daini Hospital



Makino Memorial Hospital



Makino Rehabilitation Hospital



Totsuka Kyoritsu Izumino Hospital



Human Life Care Yokohama



Yokosuka Uruga Hospital



One For All Yokohama

- TMG Asaka Medical Center
- Totsuka Kyoritsu Ladies' Clinic
- Makino Care Center
- National Hospital Organization Yokohama Medical Center

- Nishiyokohama International Hospital
- Kanazawabunko Hospital
- Seirei Yokohama Hospital
- Saiseikai Yokohamashi Tobu Hospital

- Yokohama Rosai Hospital
- Ofuna Chuo Hospital
- Fujisawa Shounandai Hospital
- Yokosuka General Hospital Uwamachi

## Information about Clinical Practice

You can improve yourself by learning from experiences and encounters with various people at the practice.

### Student's Voice

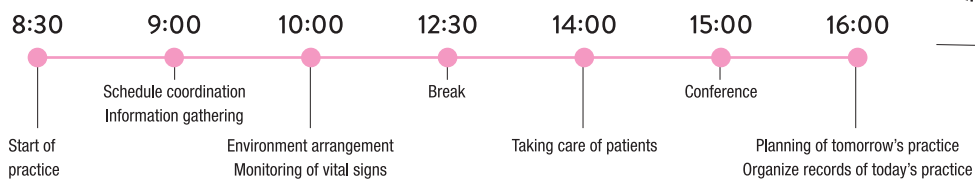


### Acquire practical knowledge thanks to generous support from our teachers

In clinical training, I practiced livelihood support for patients, such as bedbathing and shampooing, while learning the reality of medical scenes and the roles and activities of a nurse. It wasn't easy to draw an assistance plan and keep a practice record. I didn't know how to write them, but the teachers taught that to me very kindly. I also appreciate their psychological support for me.

Ms. K (Graduated from Yokohama So-gakukan High School)

● Typical Daily Schedule



*You don't have to worry about anything because your teachers will be with you at training hospitals.*



# Empathic Assistance for Students to Pass the National Nursing Examination



## ● Passage Rate of the National Nursing Examination

# 98.2%

Of students who graduated in March 2023  
(54 out of 55 graduates passed the exam)

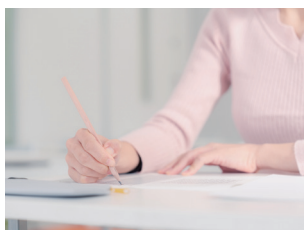
The national average of the passing rate was 90.8%  
for the academic year 2022

## ● What makes the high passage rate possible



### Preparations for the national exam start from the first year.

Student members of the national exam preparation committee help raise awareness of the significance of the national exam.



### Mock examinations are held systematically. The analysis of their results is used for the improvement of learning.

Mock examinations help students realize their academic competence, and the results are used to improve learning after that.



### Full-fledged preparations in the third year

Students answer questions from the past national exams while doing the clinical practice.

After the clinical practice, students receive makeup lectures and study intensively to pass the national exam.

## Student's Voice



Thanks to our teachers' detailed instructions, we can study academic subjects in connection with the national exam.

Full-fledged preparations for the national exam start in the third year. However, even in regular classes, teachers tell us, "This will be on the national exam," and give us handouts with marked essential points. That helps us learn important points and study effectively for the national exam. Since questions from past national exams often appear at end-of-term examinations, I could study even regular subjects from early stages with awareness of passing the national exam.

Ms. N

(Graduated from Tokai University Shizuoka Shoyo Senior High School)



## ● Employment Rate

# 100%

Of March 2023 graduates who hunted jobs  
(54 out of 55 students)

**Places of employment** Totsuka Kyoritsu Daiichi Hospital (Yokohama City) / Totsuka Kyoritsu Daini Hospital (Yokohama City) / Totsuka Kyoritsu Izumino Hospital (Yokohama City) / Totsuka Kyoritsu Ladies' Clinic (Yokohama City) / Makino Memorial Hospital (Yokohama City) / Makino Rehabilitation Hospital (Yokohama City) / St. Marianna University Yokohama Seibu Hospital (Yokohama City) / Yokohama City University Hospital (Yokohama City) / Yokohama City University Medical Center (Yokohama City) / Saiseikai Yokohamashi Tobu Hospital (Yokohama City) / Saiseikai Yokohamashi Nanbu Hospital (Yokohama City) / National Hospital Organization Yokohama Medical Center (Yokohama City) / Yokohama Sakae Kyosai Hospital (Yokohama City) / Yokohama Minami Kyosai Hospital (Yokohama City) / Yokohama Shin-midori General Hospital (Yokohama City) / Seirei Yokohama Hospital (Yokohama City) / Yokosuka Uruga Hospital (Yokosuka City) / Yokosuka General Hospital Uwamachi (Yokosuka City) / Yokosuka City Hospital (Yokosuka City) / Yokosuka Kyosai Hospital (Yokosuka City) / St. Joseph's Hospital (Yokosuka City) / Heartful Kawasaki Hospital (Kawasaki City) / Kawasaki Kyodo Hospital (Kawasaki City) / Ofuna Chuo Hospital (Kamakura City) / Shonan-Fujisawa Tokushukai Hospital (Fujisawa City) / Fujisawa Shonandai Hospital (Fujisawa City) / Chigasaki Tokushukai Hospital (Chigasaki City) / Hiratsuka Kyosai Hospital (Hiratsuka City) / Ebina General Hospital (Ebina City) / Yamato Municipal Hospital (Yamato City) / Fuchinobe General Hospital (Sagamihara City) / Nishi-Tokyo Chuo General Hospital (Nishitokyo City) / Sassa General Hospital (Nishitokyo City) / Hachioji San-nou Hospital (Hachioji City) / National Disaster Medical Center (Tachikawa City) / Okusawa Hospital (Setagaya Ward) / Setagaya Neurology Hospital (Setagaya Ward) / Den-en-Chofu Chuo Hospital (Ota Ward) / Ota Ikegami Hospital (Ota Ward) / Kodaira Chuo Rehabilitation Hospital (Kodaira City) / Hitotsubashi Hospital (Kodaira City) / Nippon Medical School Hospital (Bunkyo Ward) / Tokyo Rinkai Hospital (Edogawa Ward) / Toda Chuo General Hospital (Toda City) / Niiza-Shiki Chuo General Hospital (Niiza City) / TMG Asaka Medical Center (Asaka City) / TMG Muneoka Chuo Hospital (Shiki City) / Higashi-Tokorozawa Hospital (Tokorozawa City) / Mobarra Chuo Hospital (Mobarra City) / Tokyo Bay Urayasu Ichikawa Medical Center (Urayasu City) / Asahi General Hospital (Asahi City) / Atami Tokoro Memorial Hospital (Atami City) / Atami Umi-no-mieru Hospital (Atami City) / Juntendo University Shizuoka Hospital (Izunokuni City)

The unordered list of employers from fiscal 2015 through fiscal 2021

## ● Reasons for the High Employment Rate



We teach students everything about job hunting, starting with basics such as choosing a suitable workplace, writing a resume, behaving in a socially acceptable manner, and being interviewed to get a job. Through personal discussions to clarify individual needs, we help students find ideal workplaces where they can be the nurses they wish to be and where they can work in ways they like. Job counseling is always available.



## Voices from Graduates

### Working for TMG Asaka Medical Center

**Ms. W.**, who graduated  
in the academic year 2021  
(From Hashimoto Senior High School)

In three years at Yokohama Mirai Nursing School, I learned nursing skills and knowledge and many other things, such as how to face patients and their families and the responsibility for having patients' lives in our hands. While studying for the National Nursing Examination, I have staggered a few times. But, the teachers gave me supportive pushes, saying, "Don't worry, you can make it." Now, I work at an emergency outpatient unit, in the service of the lives of many patients every day. Though I briefly deal with patients and their families, I feel very much rewarded when they tearfully thank me for saving them.

The most attractive point of Yokohama Mirai is the generous instructions by the teachers. They always gave me a helping hand for anything I worried about and was troubled with in school days when I was busy with tests and practices. I studied hard before the National Nursing Exam, following my homeroom teacher's study plan and goals. Now, I am working in the operating room of Totsuka Kyoritsu Daiichi Hospital. I am working hard to make surgery run safely and smoothly, following instructions from my seniors.

### Working for Totsuka Kyoritsu Daiichi Hospital

**Ms. M.**, who graduated  
in the academic year 2020  
(From Maioka Senior High School)





# Typical Day



08:40

## Going to School

Yokohama Mirai Nursing School is an eight-minute walk away from JR Totsuka Station. Walking makes me uplifted.



09:00

## The First-Hour Class

Every classroom has a projector that helps me understand even a challenging lecture.



12:15

## Lunch Break

I can enjoy lively conversations with friends in the open lounge.



13:15

## The Third-Hour Class

Students change into nursing uniforms for practical training, which braces my nerves.



15:00

## The Fourth-Hour Class

Thanks to kind instructions from teachers, students can steadily master nursing skills.



16:30

## After Class Hours

I sometimes stay at school to study in the library. Now, I can learn more systematically than before.

## Student's Voice



Thanks to kind teachers,  
I can focus on studying without anxiety.

Since childhood, I admired my grandmother, who worked actively as a nurse. Besides, when I was hospitalized once, the nurse in charge of me was so nice as to make me think, "I want to be a nurse like her, too." I decided to enter Yokohama Mirai because it has extensive facilities and a great atmosphere. Thanks to kind teachers, I can focus on studying without anxiety.

MS. K (Graduated from Yokosuka Sogo High School)



# Events



## Entrance Ceremony

The entrance ceremony is inspiring for beginning students as it is a starting line toward their dream of being nurses.



## Nursing Ceremony

A nursing ceremony originated from an event in Western Europe in which a nun wore a crown of thorns to pledge to serve God for the rest of her life. The nursing ceremony aims to renew students' resolve to be nurses and to make them realize a nurse's pride and responsibility.



## Sleepover Seminar

Students attend a two-day sleepover seminar as part of the "Human Relations" class. They have real-life experience of "social interaction" and "dynamics in a small group," concepts of human relations they learned at school.



## Sporting Event

Students do everything, such as planning and steering, to hold a sporting event. The event aims to teach students the significance of cooperation, leadership, and camaraderie among students in different school years.



## Mirai-sai (culture fest)

Yokohama Mirai Nursing School's culture fest is called "Mirai-sai." It is held every year under a theme chosen by students. Its most significant feature is that students do everything, such as planning, steering, and budgeting. The event aims to teach students the significance of empathy and teamwork.



## Disaster drill

The disaster drill is held twice a year. The second one is a full-fledged exercise using training classrooms to resemble hospital wards on the assumption that students are struck with a disaster at a training hospital.



## National Nursing Examination

Members of the academic support team, together with all the other teachers and staffers of the school, back up every single student until the last moment, wishing everyone would pass the National Nursing Examination.



## Graduation Ceremony

Tears fill the graduation ceremony. Students start walking the path of a nurse with friends who shared good times and bad times during the three years at Yokohama Mirai Nursing School. Even after graduation, the school will keep supporting the graduates flying high toward their dream.

4

Entrance Ceremony

5

6

Sleepover Seminar

Nursing Ceremony

7

8

Summer Break

Term Examinations

9

10

Mirai-sai (culture fest)

11

12

Winter Break

1

Winter Break

2

Term Examinations  
National Nursing Examination

3

Graduation Ceremony  
Spring Break





# Snapshots of Our Students



**I want to keep**

**growing up as a nurse.**

You may have hard times right after enrollment because there will be many tests. But don't worry. Kind teachers and seniors will help you.

Ms. H  
(Graduated from Chigasaki Senior High School)

I enjoy campus life every day since the school is close to JR Yokohama Station, where you can enjoy dining and shopping after school.

Ms. H (Graduated from Tsukuihama Senior High School)



**I have a fulfilling campus life**

**since the school is located**

**close to major commercial areas.**

**Here is an environment where**

**you can work hard with friends**

**sharing the same dream.**



The school building is designed to allow a lot of daylight in. You will feel great studying in comfortable classrooms always well-lit.

Ms. T  
(Graduated from Tokyo Metropolitan Sakuramachi High School)

Studying at Yokohama Mirai Nursing School enabled me to make constant efforts. I will be on the lookout for improvement and keep working hard.

Mr. G  
(Graduated from Ayase-Nishi Senior High School)



**The harder you study,**

**the better your grades become!**

**I feel such a sense of achievement.**



Campus Life



# Q&A



## Q.1 How have you changed or grown up after entering Yokohama Mirai Nursing School?

My attitude toward studying has changed.

I have better communication skills and can behave thinking about others.

I can explain the biology of the human body in a daily life situation.

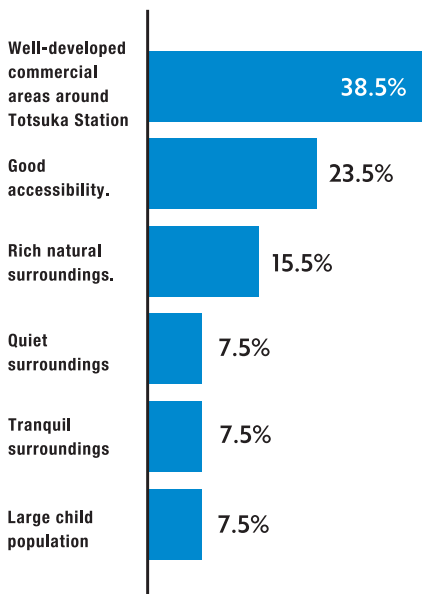
My way of thinking about various things is becoming more like a nursing student than a high school student.

I spend more time on studying since I have to prepare for and review more classwork than before.

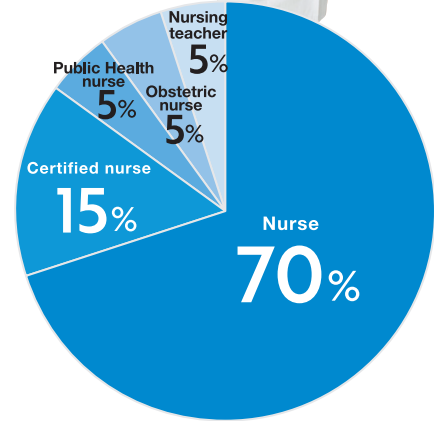
I have acquired the ability to study and do other tasks in order of priority and systematically.

I can ask someone for help without holding a problem for myself.

## Q.4 What is an attraction of Totsuka?

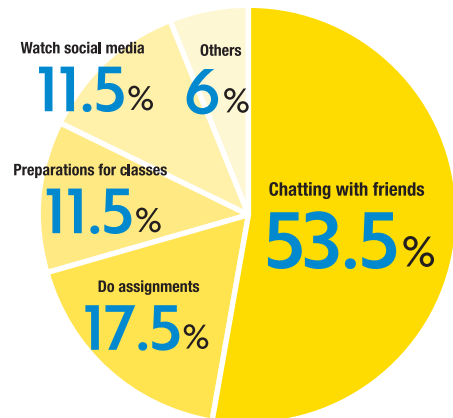


## Q.5 What is your favorite subject?

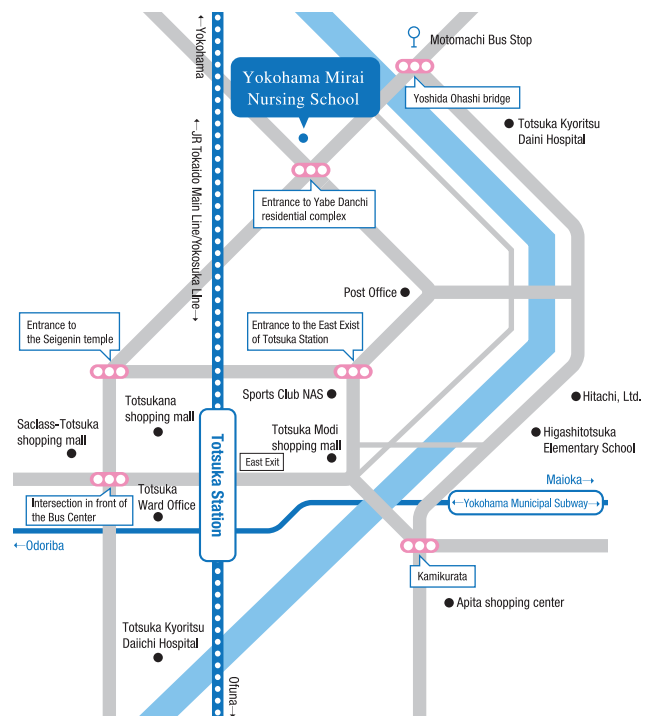
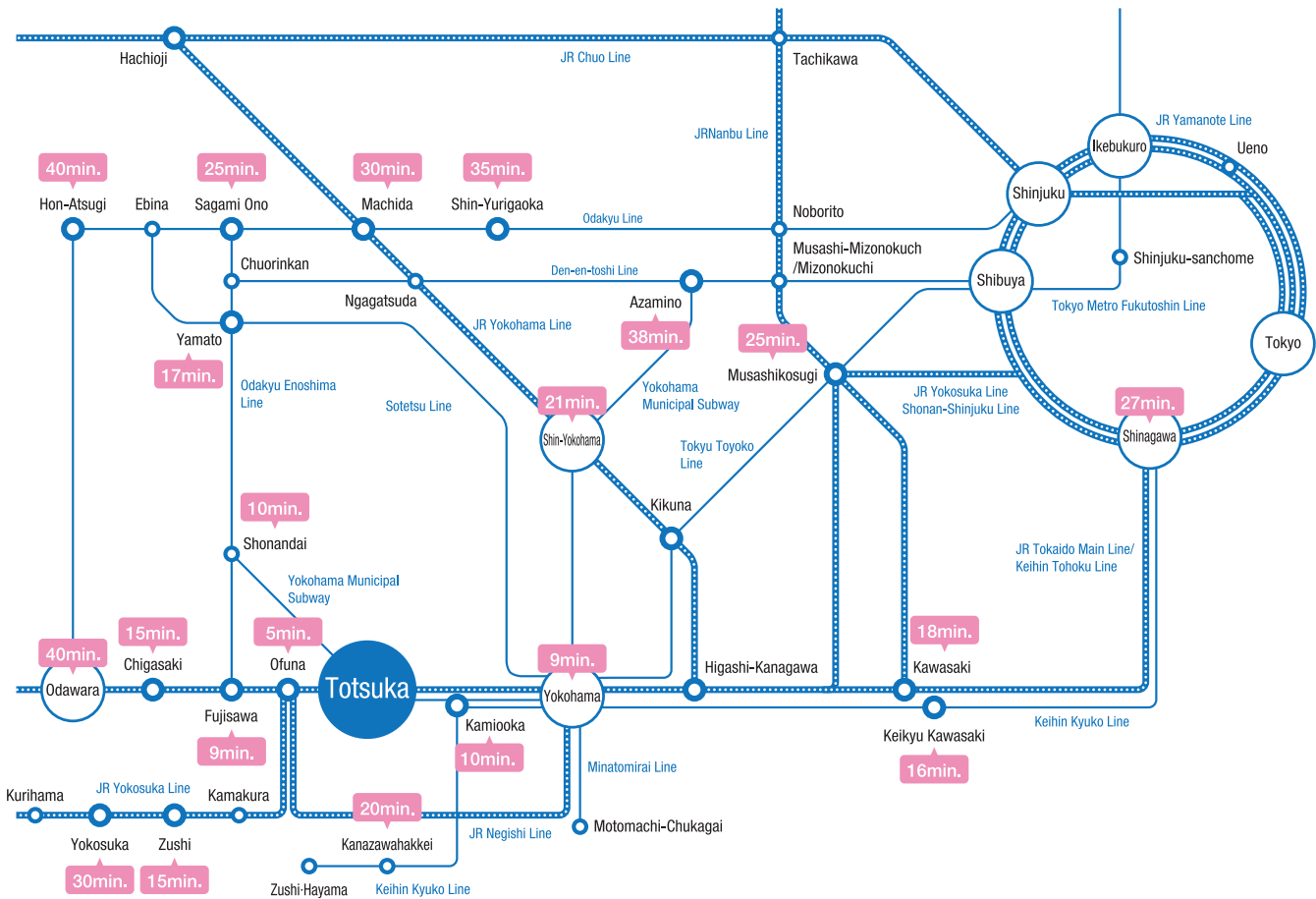


## Q.2 What medical professional would you like to be in the future?

## Q.3 What do you do in breaks between classes?



# Access



- Eight-minute walk from the east exit of Totsuka Station on JR Tokaido Line, Ueno-Tokyo Line, Yokosuka Line and Shonan-Shinjuku Line.
- Eight-minute walk from the east exit of Totsuka Station on Yokohama Municipal Subway.



**Yokohama Mirai Nursing School**  
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